

Athletics in review

It has been another good year for sports at Ramsey. Every team placed at least in the upper division of the Suburban Conference, by reputation one of the toughest in the state in any given sport. There were three conference championship teams this year and two teams placed fourth and sixth places at contests on the state level.

The fall sports picture saw the defending State Champion cross country team finish sixth in the 1969 State Meet.

The soccer Rams repeated as the Suburban Conference Champions, this year tying with White Bear Lake. They finished with an 8-2 record, losing only to White Bear and South St. Paul.

The football team complete a 1-4 record this year. They used quite a few new players, some with success, some without. Among this year's ups and downs were victories over Kellogg (24-20) and White Bear (14-0). Both were champions of their respective divisions. In the Suburban Conference Championship, White Bear beat Kellogg, 25-20.

The long winter sports season proved to be exciting as well.

The pucksters finished a tremendously dramatic season at the short end of 2-1 score in a heart-rending Region II semifinal game with Mounds View. Their season record was 14-7-1. For the first time in Ramsey history, the hockey team also won a share

of the Suburban Conference championship. The Blue and White (10-2) split the championship with White Bear (9-1-2).

Ram B-ballers may not have had as good a season as the previous year's team (the '68-'69 team had a 23-4 record), but they came up with a better year than predicted. They lost to number one rated Red Wing by only 2 points, 63-61. Forward Bill Cafferty made the All-Conference team by a unanimous vote of the conference coaches.

Ram grapplers posted a 10-2 record this year and placed second in the conference with Kellogg and South St. Paul behind Anoka (12-0). The Rams gave Anoka their toughest test of the season but lost anyway. They came third in District 14 and 14th in Region 4 playoffs.

The baseball team, as of this writing, has a 5-5 record. The conference hopes don't look so good but the Rams have disposed of previously undefeated Coon Rapids (5-0) and state ranked South St. Paul (2-0). They face Mounds View Tuesday, before going into District 14 playoffs next week.

As of this point the tennis team has been doing very well. They currently have a 7-3 conference record. In their two most recent matches they defeated South St. Paul, 4-1 and lost to Suburban Conference favorite, White Bear, 5-0.

Alex Banquet nears

On Monday, May 25, at 6:30 p.m., the 16th Annual Alex Award Banquet takes place at Ramsey. The dinner is sponsored by the Roseville Chamber of Commerce.

Guest speaker will be Roy Griak, head track and cross country coach at the University of Minnesota. Griak was previously track coach at St. Louis Park High School and won state titles in 1958, '62, and '63. In 1964 and '69 his Minnesota Cross Country team won the Big Ten Championship.

The evening's proceedings will be as follows: Curtis Johnson will give a resume on this year's sports activities, Reverend Leuben Groeler will then present invocation ceremonies, and dinner will follow immediately after. Griak will speak just before the award presentation, which will be by Robert McPherson, President of the Chamber of Commerce.

The winner of the Alex Award is derived by a balloting of the athletes.

Last year, the Award was won by three athletes, Bill Green, Dick Webb, and Tom Steiner.

Also presented by the individual coaches will be Most Valuable and, in some cases, Most Improved Pa Players.

At the conclusion of the evening will be a film of Ramsey's 969-p970 Hi-Lites.

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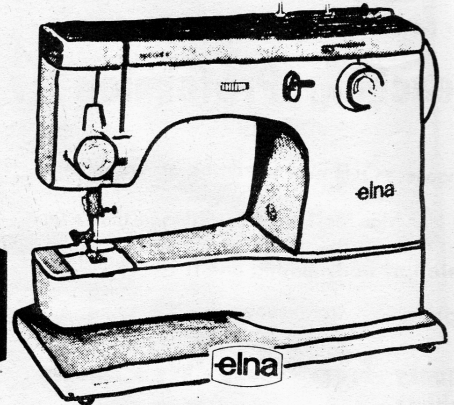
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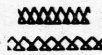
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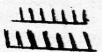
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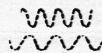
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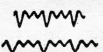
Super stretch stitch, keeps soft knit fabrics in shape.



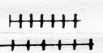
Serpentine Zigzag stitch, keeps fine materials flat when overcasting.



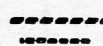
Edging stitch, for making invisible elastic hems and other uses.



Ladder stitch, both decorative and elastic.



Zigzag stitch, for quick overcasting, attaching pockets and other uses.



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